FLORIDA FIREFIGHTERS
SAFETY AND HEALTH
COLLABORATIVE

# The Collaborative Connection – January 2022

Florida Firefighters Safety and Health Collaborative

https://umiamihealth.org/en/sylvester-comprehensive-cancer-center/research/firefighter-cancer-initiative/national-firefighter-cancer-symposium

FIREFIGHTER CANCER INITIATIVE

SYLVESTER COMPREHENSIVE CANCER CENTER
UNIVERSITY OF MIAMI HEALTH SYSTEM

# The 2022 National Firefighter Cancer Symposium will be held at the loanDepot park in Miami, FL.

## February 24-26, 2022

REGISTER FOR THE 2022 NFCS TODAY

We look forward to seeing you at the 2022 National Firefighter Cancer Symposium (NFCS)! The NFCS will be hosted by the Firefighter Cancer Initiative (FCI) at the **loanDepot park** in Miami, FL, February 24th - 25th, 2022. The event will focus on the most current research and cancer prevention practices in the fire service. In-person and virtual registration is free.

The NFCS 2022 will also be available as a hybrid event. All content and speaker engagement will be available virtually.

Please note that the Dolphins Cancer Challenge XII (DCC) event will take place on February 26th at the Hard Rock Stadium in Miami Gardens, FL.

**Contact us if you have any questions!**

SAVE THE DATE
JOIN US FOR OUR 2022

# National Firefighter Cancer Symposium

A public scientific conference that brings together academia, government, labor/management, and firefighters to support the reduction of cancer risk in the U.S. fire service, culminating at the Dolphins Challenge Cancer on February 26.

FEBRUARY
24-26
2022

MIAMI,
FLORIDA

FIREFIGHTER CANCER INITIATIVE

RESEARCH > EDUCATION > PREVENTION

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Florida Firefighters Safety and Health Collaborative

**John Schmidt of Pasco County, FL, informs numerous investments to reduce the risks to members from fire scene carcinogens.**

Clean on Scene: Reducing the Risks to Firefighters | Firehouse

Fire Prevention and Safety Grants
Funding provided through DHS/FEMA'sGrant Program Directorate
Assistance to Firefighters Grant Program

# FLORIDA FIREFIGHTERS SAFETY AND HEALTH COLLABORATIVE

The tragedy in Surfside last summer has become a defining moment for many throughout emergency services. In these months that have followed, much has been done to help us better prepare for future events.

The chaplaincy has also been impacted. It became very clear that there was work to be done to better connect and coordinate fire chaplains across Florida. To that end, we are very excited to have a seat at the table of the Florida Firefighter Safety and Health Collaborative.

Surfside showed the distinct nature of the chaplaincy and the need to provide spiritual support in times of crisis. For many, great difficulty can create a crisis of faith which challenges long held spiritual beliefs. In addition, we saw how the practice of spiritual disciplines provided peace and comfort.

In addition, we also observed the complementary role chaplains play alongside mental health professionals, peer support personnel, and K-9 peer support. Together, we provide comfort and care for the heart, soul, mind and strength of Florida firefighters.

Our objectives are clear...

1. Discover, promote, recruit, train, and support Florida Fire Chaplains for day-to-day operations

2. Coordinate Florida fire chaplains during large-scale, long-duration events

Please reach out if you are a Florida fire chaplain so you can be included in our statewide efforts. Also, let us know if you are a fire department that desires to add a chaplain to your overall support team.

On behalf of the over 50 Florida fire chaplains that I personally know and the dozens of others that I have not yet met, I commit to lead us to fulfill our part in supporting Florida firefighters.

Joe LaCognata
Statewide Chaplaincy Coordinator
Florida Firefighter Safety and Health Collaborative
jlacognata@floridafirefightersafety.org

FLORIDA FIREFIGHTERS SAFETY AND HEALTH COLLABORATIVE

ORLANDO FIRE CONFERENCE

# CLINICIANS AWARENESS COURSE

This 2-day full immersion course is designed for clinicians and providers who desire to learn more about the unique first responder stressors in order to be more effective in connecting and treating first responders. The class provides an extensive understanding of first responder culture, lingo, lifestyle and unique stressors of the job.

This training includes classroom learning, engaging in realistic scenarios, and interacting with first responders. Past participants include representatives from Aetna, Barry University, Cigna, Nova Southeastern University, United Healthcare, University of Central Florida, and The University of Miami.

**Program Details**

**Friday, Feb. 25, 2022**

- First Responder Culture and Lingo
- PTSD, Suicide, and Substance Abuse

**Saturday, Feb. 26, 2022**

- First Responder Interactions
- Sponsored Lunch
- Resiliency in the Clinical Setting

**Clinicians who desire to be vetted for Redline Rescue and Blueline Rescue are required to complete this two-day course and an additional 10 hours of documented ride time with a first responder specific position. Clinician who complete both portions are eligible to be included in the Redline Rescue and Blueline database.**

**** All proceeds from registration go back into the FFSHC Clinician Awareness Program to ensure we can continue this valuable training for Clinicians - THANK YOU!**

Orlando Fire Conference
2966 W. Oak Ridge Rd.
Orlando, Fl 32809

February 25-26, 2022
7:30 AM - 5:00 PM

Kim Rogers
813.244.7430
krogers@floridafirefightersafety.org

**REGISTRATION IS $200**
www.floridafirefightersafety.org/mental-wellness/clinician-awareness-program
40 Participant Limit
Approved for 16 CEU's

Registration : Clinician Awareness Registration (floridafirefightersafety.org)

Kim Rogers: krogers@floridafirefightersafety.org

**Florida Firefighters Safety and Health Collaborative**

# CALLING ON ALL OUR COMMUNITY PARTNERS

The Florida Firefighter Safety & Health Collaborative is 501c3 non-profit organization with the mission to focus on Firefighter Safety & Health by providing education, training, and sharing of best practices to minimize risks and exposure to our Florida Firefighters. Currently, we are requesting donations ($500-$5,000) to help pay for the wrapping of our new 18' trailer for our Clinician Awareness Program. The Clinician Awareness Program provides a 2-day course full immersion course is designed for clinicians and providers who desire to learn more about the unique firefighter culture to be more effective in treating firefighters. The class provides an extensive and understanding of Firefighter culture, Lingo, lifestyle, and details about the unique stressors the job entails. This training includes both classroom and live scenarios, including wearing turnout gear, watching a live burn training scenario, visiting fire stations, and interacting with firefighters. Clinicians that complete the program are eligible for inclusion on Redline Rescue which is an online portal that enables firefighters and their family to find culturally competent mental health professionals during time of crisis. Please consider donating to this special project by January 31, 2022 and your logo can be proudly displayed on the trailer that will be utilized throughout the state of Florida at each Clinician Awareness class. Your donation is vital to this program that supports emotional and mental wellness for our fire service community.

Sincerely,

Chris Bator
State Regional Coordinator
Florida Firefighters Safety & Health Collaborative
Cbator@floridafirefightersafety.org 561-716-9901

Sponsorship Levels

Fifth Alarm: $5,000 • Logo on side and rear panel

Fourth Alarm: $3,500 • Logo on side and rear panel

Third Alarm: $2,500 • Logo on side and rear panel

Second Alarm: $1,000 • Logo on rear panel only

First Alarm: $500 • Logo on back panel only

Florida Firefighters Safety and Health Collaborative

WE NEED VOLUNTEERS - Study #: 20180723 Effective Date: 6/23/2021

# Firefighter Cancer Survivor

## How can I help?

The Firefighter Cancer Initiative will do a research study to provide survivors with tools to help improve the quality of life. **Your must be a firefighter cancer survivor to participate, age 21 or older.** To see if you are eligible please visit:

www.miami.edu/FCIsurvivorship

**If you are interested in participating or have questions please contact:**

Cynthia Beaver at
305-243-9538 or via email at
ccb122@med.miami.edu

FIREFIGHTER CANCER INITIATIVE

RESEARCH > EDUCATION > PREVENTION

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UNIVERSITY OF MIAMI HEALTH SYSTEM

FIREFIGHTER
CANCER
INITIATIVE

SYLVESTER
COMPREHENSIVE CANCER CENTER
UNIVERSITY OF MIAMI HEALTH SYSTEM

Florida Firefighters Safety and Health Collaborative

# RECOGNIZING THE UNRECOGNIZED

## Mental Health on the Frontlines Conference

**A day of education and inspiration for our frontline workers**

The Healthy Lee Behavioral Health Coalition is excited for the inaugural **Mental Health on the Frontlines conference**. This unique conference offers a supportive environment for frontline workers to express their experiences with stress, anxiety, depression and thoughts of self-harm.

This conference will also offer leadership an exclusive window into the world of their frontline workers, will explore the resources available in the community, and will discuss areas for improvement through their own employee Mental and Behavioral Health service offerings.

Please join us as we unite to recognize and celebrate the tireless service of our frontline workers, including Fire & Rescue, EMS, corrections officers, public service officers, 911 dispatchers, healthcare employees and leadership of these industries.

The conference will highlight the following subjects with an emphasis on education for every person who works on the frontlines:

- Celebrate the accomplishments of frontline workers in the face of adversity.
- Identify areas where our frontline workers would benefit from additional support.
- Identify what resources our employers offer for their employees.
- Explore ways to inform employees about Mental and Behavioral Health programs.
- Explore community resources.
- Learn why leadership engagement matters.

**Date: Thursday, March 3, 2022**
**Time: 8 a.m. – 12:30 p.m.**
**Venue: The Collaboratory**

**Register Here**

**Networking will be available with many behavioral health, social service and support agencies at the end of the conference.**

**Please contact Lauren Walker at Lauren.Walker@LeeHealth.org or go to Mental Health on the Frontlines https://healthylee.com/rtr for additional information and sponsorship opportunities.**

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HealthyLee
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**Florida Firefighters** **Safety and Health Collaborative**

# 2022 Mental Health on the Frontlines Sponsorships

### Title Sponsor $2,000
**(1 available)**

Company will receive prominent recognition on www.HealthyLee.com website as the **Title Sponsor,** with a link to their website.

Principal may greet guests from the podium at the event.

Will receive a minimum of 4 social media recognitions on the Healthy Lee social media channels, with a link to their website.

Will be highlighted as Title Sponsor in Healthy Lee e-newsletter, with a link to their website.

Will be included as Title Sponsor in press release.

Will receive a 60 second spot to advertise their company/organization via video or Power Point slide and will also be featured on an opening slide, during intermission and ending slide.

### Courageous Sponsor $1,500
**(2 available)**

Company will receive prominent recognition on www.HealthyLee.com website as the **Courageous Sponsor**, with a link to their website.

Will receive a minimum of 4 social media recognitions on the Healthy Lee social media channels, with a link to their website.

Will be highlighted as Courageous Sponsor in Healthy Lee e-newsletter, with a link to their website.

Will be included as Courageous Sponsor in press release.

Will receive a 60 second spot to advertise their company/organization via video or Power Point slide and will also be featured on an opening slide, during intermission and ending slide.

### Resilience $1,000 Sponsor
**(1 available)**

Company will receive prominent recognition on www.HealthyLee.com website as the **Resilience Sponsor**, with a link to their website.

Will receive a minimum of 2 social media recognitions on the Healthy Lee social media channels, with a link to their website.

Will be highlighted as Resilience Sponsor in Healthy Lee e-newsletter, with a link to their website.

Will be included as Resilience Sponsor in press release.

Will receive a 45 second spot to advertise their company/organization via video or Power Point slide and will also be featured on an opening and ending slide.

### Inspiring Sponsor $500
**(2 available)**

Company will receive prominent recognition on www.HealthyLee.com website as the **Inspiring Sponsor**, with a link to their website.
Will receive a minimum of 1 social media recognitions on the Healthy Lee social media channels, with a link to their website.

Will be highlighted as an Inspiring Sponsor in Healthy Lee e-newsletter, with a link to their website.

Will receive a 45 second spot to advertise their company/organization via video or Power Point slide and will also be featured on an opening and ending slide.

### Community Sponsor $250
**(3 available)**

Company will receive prominent recognition on www.HealthyLee.com website as a **Community Sponsor**, with a link to their website.

Will be highlighted as a Community Sponsor in Healthy Lee e-newsletter, with a link to company website.

Will receive a 30 second spot to advertise their company/organization via video or Power Point slide and will also be featured on an opening and ending slide.

The following link is to the donations page: www.healthylee.com/rtr
Scroll down to the bottom for additional processing details

**For questions or additional information please contact Lauren.Walker@LeeHealth.org.**

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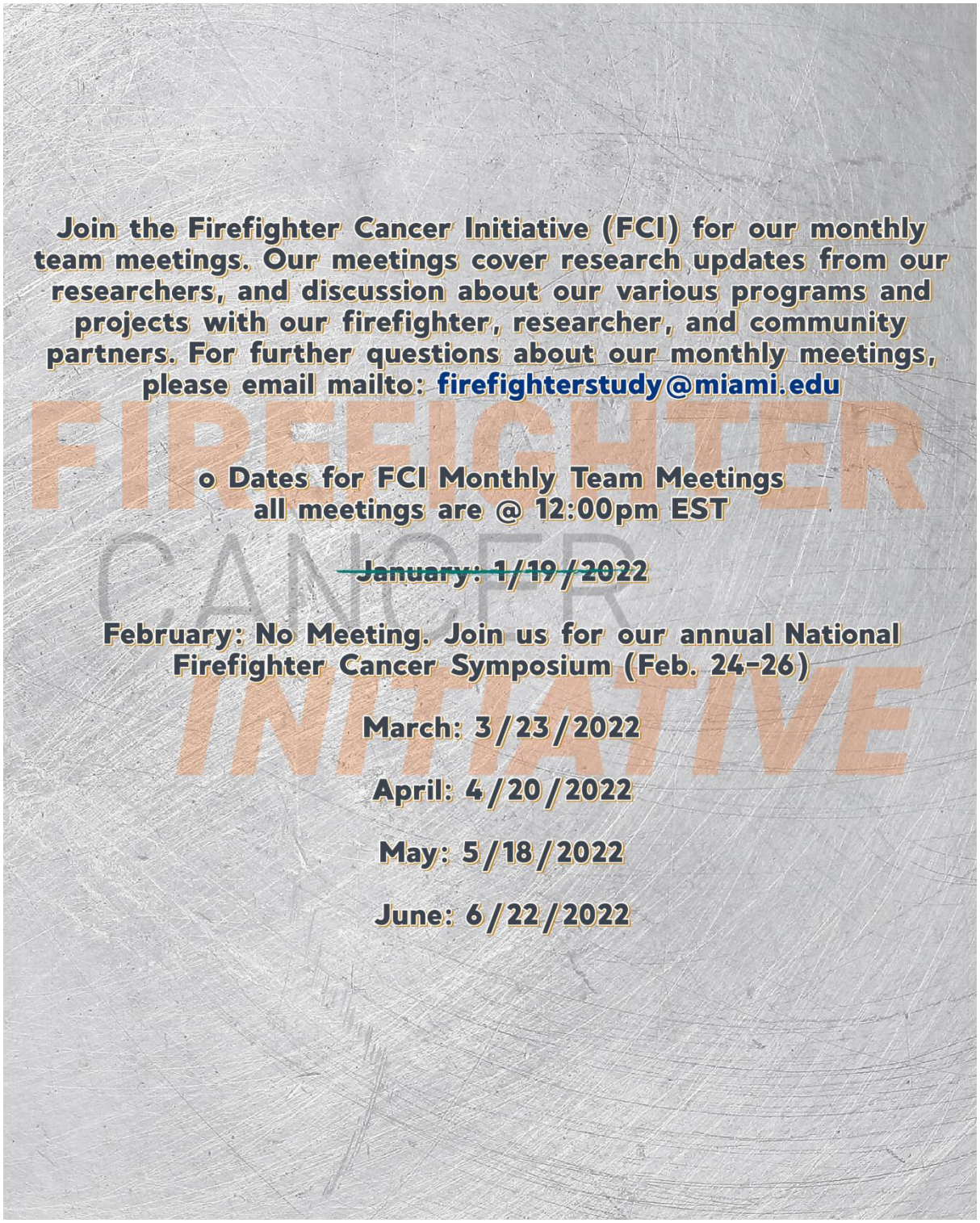
## Clinician Awareness Program -St. Augustine

Another successful Clinician Awareness Program (CAP) was completed in St. Augustine January 12th and 13th. CAP gives hands on training to clinicians to better understand firefighters and the world they work in.




https://miami.zoom.us/j/98683310194?pwd=bzVUTlJFYitNakZDZGtINzdpck1Pdz09&from=addon#success

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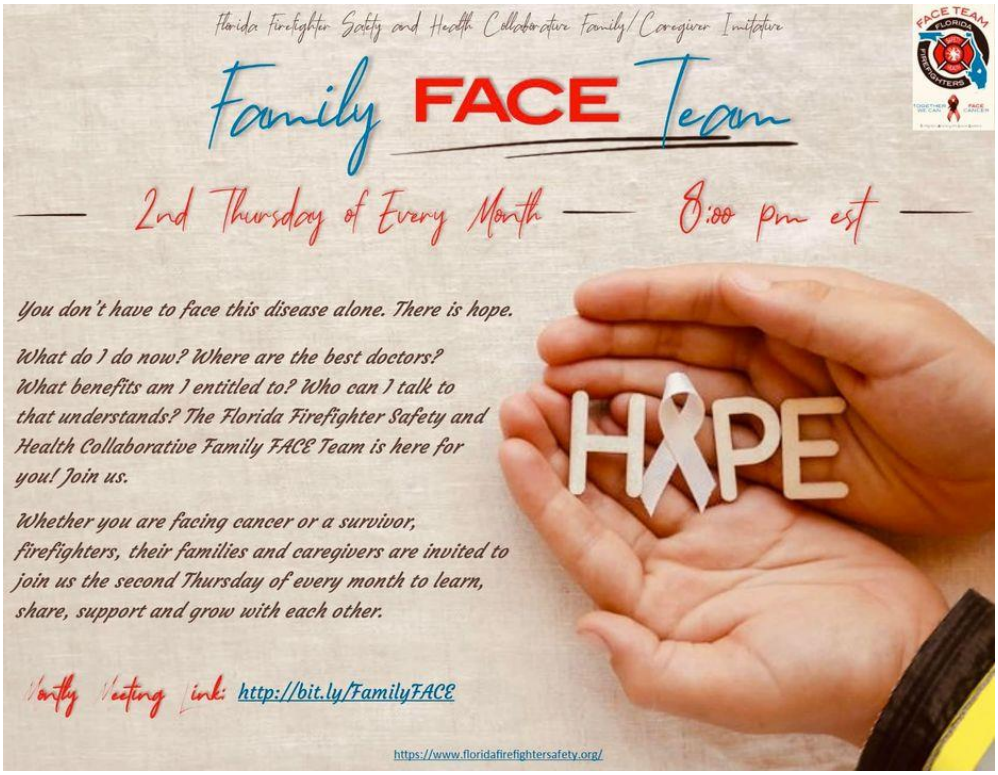
https://global.gotomeeting.com/install/203083517 : Monthly FACE Team Webex




Florida Firefighters Safety and Health Collaborative

SYLVESTER COMPREHENSIVE CANCER CENTER
UNIVERSITY OF MIAMI HEALTH SYSTEM

UNIVERSITY OF MIAMI
MILLER SCHOOL of MEDICINE

## CALLING ALL RETIRED FLORIDA FIREFIGHTERS

# A.E.R.I.A.L. Cohort Study

## Advancing Epidemiology of Retired firefighters Aging

### What is AERIAL?

The AERIAL study collects health information and cancer risk factors (ex: family history, social and behavioral factors, etc.) among **retired Florida Fire Rescue workers** to help characterize their cancer risk

### Who is eligible for the AERIAL survey?

-Retired Florida firefighters
-Firefighters in the DROP

### Are you interested?

**If you would like to participate, please go to:**
**https://redcap.miami.edu/surveys/?s=K8MD3XH99L**

**If you would like more information, please contact:**
**Addison Testoff at 305-243-2902 or act110@miami.edu**

Florida Firefighters Safety and Health Collaborative

REDLINE RESCUE™

*Struggling with depression, anxiety, addiction or posttraumatic stress?*

## Your Brothers and Sisters are Here to Help

*www.RedlineRescue.org*

The Redline Rescue movement – led by first responders, for first responders – is dedicated to serving first responders and their families in their times of need.

Our network is a highly connected community of first responders and culturally trained clinicians, working hand-in-hand, devoted to the needs of those serving behind the badge. And our community is here to help – at no cost and with complete confidentiality.

Right now, you can log on to RedlineRescue.org from your phone or laptop and connect immediately with an army of trained first responder peer support team members and a host of professional mental health clinicians trained in first responder culture.

**We know what you've gone through and what you've seen.**
**We are here and ready to help.**

Florida Firefighters Safety and Health Collaborative

As you establish your annual contributions to the United Way for 2021– why not select the Florida Firefighters Safety and Health Collaborative to be the recipient of your United Way contributions?

Contact Gina Hudson if you have any questions or need assistance.

ghudson@floridafirefightersafety.org

## FFSHC LOGO APPAREL ONLINE

New FFSHC logo apparel is available on our website – everything from T shirts, women's tanks, hats, polos and oxford shirts. Check us out and help support our mission.

*www.floridafirefightersafety.org*

## AMAZON SMILES DONATES TO FFSHC

Remember when you are doing your shopping that when you shop at AmazonSmile they will donate a portion of your purchases directly to **Florida Firefighters Safety and health Collaborative.** Please select our Collaborative from the Charity Lists in the Amazon Shopping app on your mobile phones. You can also continue to shop your lists at smile.amazon.com on desktop or mobile web browsers.

**Florida Firefighters** **Safety and Health Collaborative**

Florida Fire Investigator Health & Safety Committee

**This committee is for anyone responsible for conducting an origin and cause investigation or whose titles may include Fire Inspectors, Fire Investigators, and Law Enforcement Officers within Florida. The term Fire Investigator is synonymous with anyone conducting origin and cause investigations.**

I hope everyone had a happy holiday and a great New Year. January 5, 2022, was the deadline for submitting public comments to NFPA 1321, Standard for Fire Investigation Units. There was a chapter on safety that needed public comments, and it wouldn't be a bad idea to keep tabs on the edition's progress to see how it will impact your department.

January is Firefighter Cancer Awareness Month. A recent PR post from the IAFF noted that today's fire environment is closer to a hazmat incident than the fires of the pre-modern built era because of the vast number of plastics, chemicals, and other materials found in all types of structures today. We couldn't agree more. But this hazardous environment does not magically disappear as soon as the fire is extinguished. Recent studies by UL's Fire Safety Research institute show that the gas hazards can persist for as long as three days or more and confirm that dangerous nanoparticulate material is present for at least five days, which was the length of the research. Post-fire scenes are a health hazard to everyone working in them, regardless of how long the fire has been extinguished. The only way to mitigate these hazards is by using effective PPE strategies, including respiratory protection.

We are currently working on the second edition of the recommended Personal Safety SOG for Investigators. If you would like to make any recommendations, please send them to me. We are trying to collect policies, procedures, SOG/SOP for departments to add to the investigator section.

The National Firefighter Cancer Cohort Study sends out quarterly newsletters. Visit www.FFCCS.org and sign up to receive them.

The International Association of Arson Investigators (IAAI) proposed a Fire Investigator Accident and Near-Miss Reporting Program, approved, and more details to follow. IAAI Fire Investigator Heath & Safety Top Ten Tips https://fsri.org/research/post-firechemical-exposure-risks-fire-investigators

House Bill 557: Fire Investigator Cancer Treatment Benefits - https://www.flsenate.gov/Session/Bill/2022/557/?Tab=BillHistory

If you are currently an active participant in the (Investigator) Fire Fighter Cohort Study, and have not received a notification letter from Paola Feliciano-Louzado, please reach out to her at 305-243-0368 or pxl411@med.miami.edu

FFSHC First Responder Family/Caregiver Connection

# Talking About Death Is...

~~weird morbid taboo awkward~~

# A Part of Life.

Experiencing death and dying is a part of the job. Talking about it with our loved ones can be very challenging. Join us as we welcome **Alexandra Jabr**, EMT-P and resilience educator on 2.3.22 at 8:00 pm est. She be will discussing how to talk about death and dying within first responder families. Let's normalize the conversation, together.

## 2.3.22 8:00 pm

**Registration: bit.ly/DeathCommunication**

*Monthly first responder family/caregiver meetings allow active/retired spouses, partners, families and caregivers of first responders to connect, engage and support each other. The group can be joined by phone or video via Zoom. These groups are confidential, informal and a flexible way to provide peer support. Out of State participants are welcome!* ***No clinicians please.***

Florida Firefighters Safety and Health Collaborative